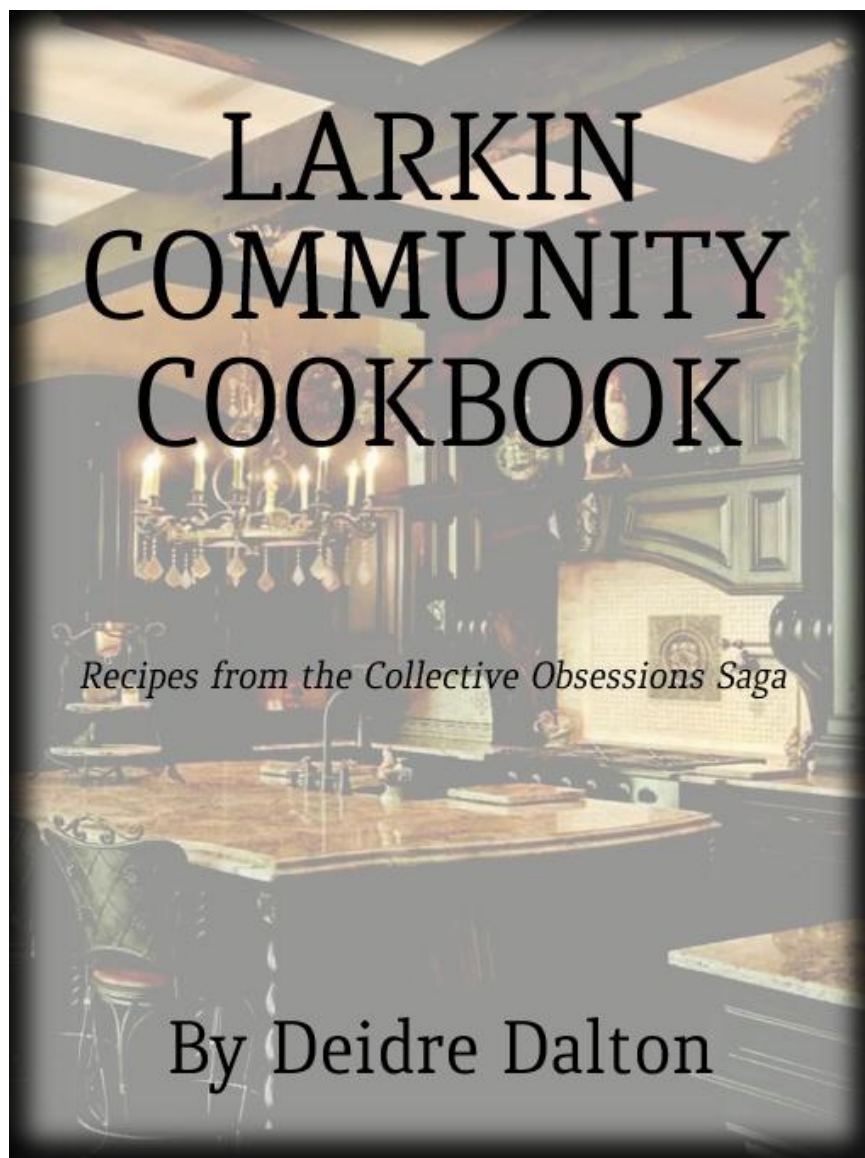


# LARKIN COMMUNITY COOKBOOK

*Recipes from the "Collective Obsessions Saga"*

**\*\*RECIPE LIST ONLY\*\***



Larkin Harbor Ladies Society

*Compiled by Shannon Larkin-Page & Dana Maitland-Larkin*

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## INTRODUCTION

The **Larkin Community Cookbook** is a compilation of more than 190 recipes mentioned or prepared by characters in the *Collective Obsessions Saga* by Deidre Dalton. The nine-part series of fiction novels chronicles the extraordinary loves and intricate obsessions between two families sweeping a span of more than one-hundred-fifty years, all set against the backdrop of a Gothic seaside mansion in Maine.

Books in the family saga include *The Advent*, *Quixotic Crossings*, *The Twain Shall Meet*, *Enthrallment*, *The Keeper's Journal*, *Hearts Desires*, *The Twilight*, *Megan's Legacy* and *Limb of Iniquity*.



Fictional foodstuff begins with the first family chef Claude Mondoux, and carries on with the ill-fated Nicholas Bertrand, the much-beloved Mae Jensen, the drunken Cora Ann Hogan and finally the longtime local waitress and gossip, Berty Soames.

The diabolical Amber Whale Tavern executive chef Jack Sansovino is also a dab hand in the kitchen, where he brews more than just seafood specialties.

Various members of the Larkin family have culinary talent as well, including Shannon, Derek and Dana, who prepare mouth-watering dishes for family and friends. The illustrious Larkin mansion and the Banshee Point lighthouse keeper's cottage are frequent settings for exquisite family meals, along with Banshee Point Winery and the Banshee Point Hotel & Golf Course. Derek Larkin also becomes a professional chef and opens his own elegant restaurant in Larkin City, known as *The Silver Tassel*.

Before her grisly demise, Carly O'Reilly whips up delectable dishes for her highly successful Harbor View Catering Company, where she also sells homemade foodstuffs.

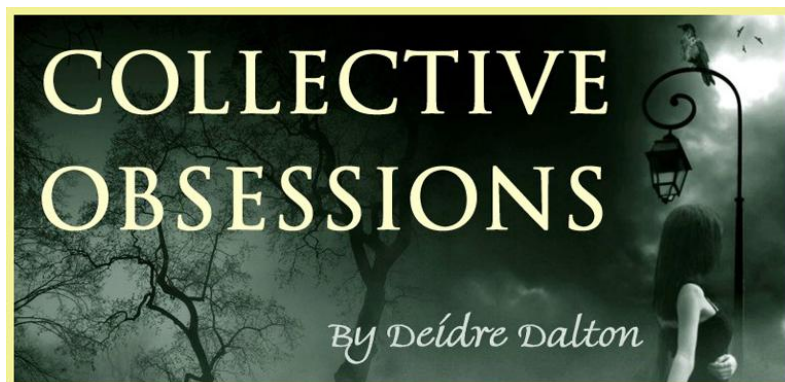
In addition, bad seed Alexandra Cimarelli is surprisingly talented in the kitchen, where she prepares *Baked Macaroni & Cheese*, *Chicken Cordon Bleu* and *Homemade Soft Pretzels*.

All characters in the "Collective Obsessions Saga" are works of fiction. Any resemblance to actual persons living or dead is purely coincidental.

*Trapped incandescent swirls;  
like raptly churning ocean waves.  
Through milky, translucent pearls  
and collective misty mind caves.  
Kith and kin disavow as one;  
twelve decades and seven of obsessive love.  
No one has forgotten, and no one has won;  
and yet forever dwell spellbound thereof.*

### **Deidre Dalton**

<https://deborahotoole.com/deidre.htm>



<https://deborahotoole.com/collective/>

## RECIPE INDEX

### APPETIZERS (10)

Apples & Cheese  
Crab & Artichoke Dip  
Crab & Avocado in Rice Wrappers  
Deviled Eggs  
Potted Shrimp Canapés  
Salmon Mousse  
Shrimp Puffs  
Shrimp Spring Rolls  
Stuffed Mushrooms  
Sweet & Sour Porcupine Meatballs

### BEVERAGES (12)

Atholl Brose  
Boulevardier Cocktail  
Brown Sugar Tea  
Caudel (*Medieval Spiced Beer; aka Buttered Beere*)  
Christmas Cheer Eggnog  
Clam Juice Cocktail  
Coffee Light  
Cream Brandy  
Iced Coffee  
Irish Coffee  
Tomato Juice  
Wassail

### BREADS & COOKIES (9)

Biscotto Pignoli (*Pine Nut Cookies*)  
Buttermilk Biscuits  
Cheddar & Green Onion Biscuit Poppers  
Grissini  
Half-Pint Scones  
Homemade Soft Pretzels  
Irish Soda Bread  
Pumpkin Bread

## Pumpkin-Chocolate Chip Cookies

**BREAKFAST (11)**

Biscuits & Gravy  
Blueberry Pancakes  
Denver Omelet  
Dippy Eggs (*Sunny-Side-Up*)  
Egg-in-the-Hole  
Hash Browns  
Irish Omelet  
Poached Eggs  
Scrambled Eggs with Smoked Salmon  
Shamrock Egg for One  
Tomatoes & Grilled Sausages

**ENTREES (35)**

Angel Hair Pasta with Pine Nut Pesto  
Bacon & Cabbage  
Beef Stroganoff (*Befstroganov*)  
Beef Wellington  
Braciolo Rifatte (*Italian Rolled Beef*)  
Braised Chicken with Puff Pastry  
Chicken & Dumplings  
Chicken Breasts Stuffed with Broccoli, Mozzarella & Mushrooms  
Chicken Cordon Bleu  
Chicken Fried Steak with Mashed Potatoes  
Corned Beef & Cabbage  
Double Mushroom Burgers  
Eggplant Parmigiana  
Grilled Chicken Breasts  
Grilled Lamb Chops  
Lamb Cutlets in Onion Gravy  
Lamb Shanks in Red Wine Sauce  
Lemon Pepper Chicken Shish Kabob  
Mariko's Meat Loaf  
Mushroom Chicken  
Pecan Chicken with Blueberry Sauce  
Pepper-Crusted Filet Mignon

Pork Cutlets  
Portabella & Prosciutto Lasagna  
Raviolis  
Roast Turkey  
Shepherd's Pie  
Spicy Roast Chicken  
Spinach & Chicken Cannelloni  
Spinach & Ricotta Ravioli  
Stuffed Bell Peppers  
Taco Seasoning  
Tacos with Shredded Pork  
Teriyaki Garlic Steak  
Yakisoba (*Deep-Fried Noodles with Pork*)

### **SEAFOOD (32)**

Asari Clams  
Clam Bake  
Cold Shrimp & Curry Salad  
Coquille St. Jacques  
Crab Ravioli in Tomato Broth  
Crusted Soft Shell Crabs with Lemon Butter  
Dublin Lawyer  
Escargot in Herbed Butter  
Filet of Sole with Mushroom Stuffing  
Fish & Chips  
Fried Perch  
Grilled Salmon Steaks  
Lobster Cakes with Salsa  
Lobster Mousse  
Lobster Rolls  
Lobster Salad  
Lobster Tails Breaded in Hazelnuts  
Lobster Tails with Lemon Butter  
Old Bay Crab Cakes  
Old Bay Seasoning Mix  
Pan Seared Haddock  
Peppered Scallops in Lemon-Cream Sauce  
Poached Salmon in Ginger-Lemon Sauce

Russian Shrimp Sandwiches

Salmon Burgers

Salmon Casserole

Salmon Quiche

Salmon Salad Sandwiches

Seafood Casserole

Shrimp Salad

Sole Almandine

Tuna Melts

**SIDE DISHES & VEGETABLES (21)**

Adzuki Beans & Rice

Almond Couscous

Asparagus with Almond Sauce

Baked Celery with Slivered Almonds

Baked Macaroni & Cheese

Colcannon

Coleslaw

Corn Custard with Tomatoes

Creamed Green Beans

French Fries

Green Beans with Bacon

Mushrooms in Cream

Mushroom Rice Pilaf

Pecan Stuffing

Potato Salad

Potatoes Au Gratin

Roasted Potatoes & Peas

Roasted Zucchini Stuffed with Hazelnuts & Wild Rice

Scalloped Potatoes

Tarragon Asparagus

Whipped Sweet Potatoes

**SALADS & SANDWICHES (21)**

Autumn Salad

Avocado English Muffins

Bacon, Lettuce & Tomato Sandwich (BLT)

Boston Egg Salad

Chicken Filet Sandwiches  
Chicken Pâté Croissants  
Chicken Salad Wraps  
Crispy Chicken Salad  
Cucumber Tea Sandwiches  
Green Leaf Salad with Olives, Pecans & Spinach  
Grilled Cheese Sandwiches  
Ham & Cucumber Sandwiches  
Ham Sandwich with Mustard Glaze on Irish Soda Bread  
Italian Sausage Sandwiches  
Pecorino & Pear Salad  
Seven-Bean Salad  
Spinach Salad with Cashews, Cucumbers & Feta Cheese  
Spinach Salad with Cranberries, Feta & Toasted Pecans  
Tomato, Avocado & Shrimp Salad  
Turkey Bagel Sandwiches  
Turkey Pita Pockets

### **SOUPS & STEWS (15)**

Crab Bisque  
Cream of Mushroom Soup  
Creamy Potato Soup  
Curry Stew  
Garbanzo Pea Soup  
Haddock Chowder  
Irish Lamb Stew  
Italian Wedding Soup  
Matzo Ball Soup (*Marak Kneidlach*)  
Moroccan Chicken Stew  
Mussel Soup  
New England Clam Chowder  
Pumpkin-Squash Soup  
Roast Chicken Noodle Soup  
Tomato Vegetable Soup

### **DESSERTS (28)**

Almond Tarts  
Apple Cake



Banana Custard Tarts  
Banana-Vanilla Pudding  
Blueberry Cheesecake  
Blueberry Cobbler  
Blueberry Muffins  
Blueberry Tart with Clotted Cream  
Cannoli (*Sicilian Pastry Dessert*)  
Creamy Chocolate Cake with Fudge Frosting  
Eton Mess  
Flatbread with Dates, Nuts & Honey  
Fudge Brownies  
German Chocolate Cake  
Grilled Peaches & Apricots with Almonds  
Irish Cream Cake  
Panna Cotta (*Cream Custard*)  
Peaches & Cream  
Pistachio Pudding  
Pistachio, Walnut & Almond Tarts  
Pumpkin Cheesecake  
Rum Cake  
Strawberries & Cream  
Tiramisu (*Italian Ladyfinger Pie*)  
White Cake  
White Chocolate Macadamia Nut Cheesecake  
Zeppole  
Zucchini Loaf

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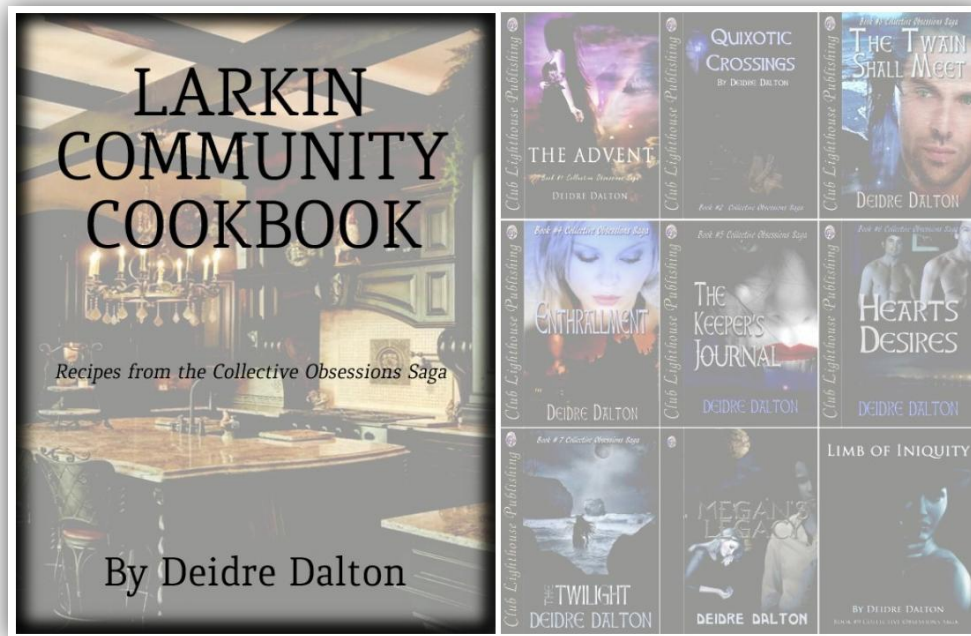
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"Larkin Community Cookbook" is available at Amazon (Kindle) and Barnes & Noble (Nook). The Adobe Digital edition (PDF) contains all graphics and a recipe index.

## ABOUT THE AUTHOR

Deidre Dalton is author of the *Bloodline Trilogy*, which follows the uniquely magical journey of three women through time. Books in the trilogy include *Bloodfrost*, *Bloodlust* and *Blood & Soul*.



She is also author of the *Collective Obsessions Saga*, which chronicles the extraordinary loves and intricate obsessions between two families sweeping a span of more than one hundred years, all set against the backdrop of a Gothic seaside mansion in Maine. Titles in the nine-part family saga include *The Advent*, *Quixotic Crossings*, *The Twain Shall Meet*, *Enthrallment*, *The Keeper's Journal*, *Hearts Desires*, *The Twilight*, *Megan's Legacy* and *Limb of Iniquity*. The books were released by Club Lighthouse Publishing.

Deidre is author and editor of the *Larkin Community Cookbook*, which is a compilation of recipes mentioned or prepared by characters in the *Collective Obsessions Saga*, and the electronic versions of *About Larkin* (companion guide to the *Collective Obsessions Saga*), and *The Private Journal of Colm Sullivan*.

Writing under the her real name of Deborah O'Toole, Deidre is also author of the fiction titles *Celtic Remnants*, *Glinhaven*, *In the Shadow of the King*, *Mind Sweeper*, *The Crypt Artist*, the *Short Tales Collection* (juvenile fiction), and a book of poetry known as *Torn Bits & Pieces*.

For more, visit <https://deborahotoole.com/>.

Using the pseudonym Shenanchie O'Toole, she also writes for the cooking/recipe website Food Fare. She is writer and co-editor of thirteen cookbooks, along with more than forty titles in the *Food Fare Culinary Collection*.

For more, visit <https://deborahotoole.com/FoodFare/>.

Deidre is a native of Greenwich, Connecticut. She has also lived in San Francisco, Reno and Spokane, among other US cities. She currently resides in the mountain west.

For more, visit Deidre's website:

<https://deborahotoole.com/deidre.htm>

## THE COLLECTIVE OBSESSIONS SAGA

<https://deborahotoole.com/collective/>

