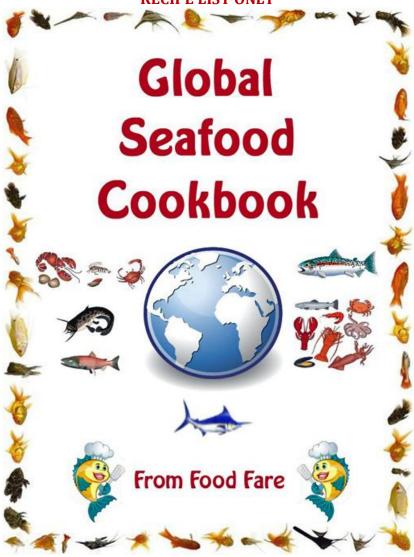
#### **GLOBAL SEAFOOD COOKBOOK**

RECIPE LIST ONLY\*



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#### **Please Note:**

This free document includes only a listing of all recipes contained in the Global Seafood Cookbook.

#### **COMPLETE RECIPE INDEX**

# **Appetizers & Salads**

Almejas a la Marinera (Spanish Clams in Marinara Sauce)

Atherina (Greek Fried Smelts)

Bara Lawr (Welsh Laver Bread)

Blackbeard's Crab Cakes

Clams Casino

Codfish Balls

Crab & Artichoke Dip

Cracker Pirate Smear (Crab & Shrimp Dip)

Easy Sushi Rolls

Eggs Drumkilbo (eggs with lobster & shrimp)

Fried Calamari (Squid)

Gefilte Fish (Jewish Stuffed Fish)

Herring Dip (*Jewish*)

Hot Lobster Dip

Inlagd Sill (Swedish Salted Herring)

Lobster Salad

Maine Clam Dip

Marinated Anchovies (Basque)

Old Bay Crab Cakes

Oysters on the Half Shell

Oysters Rockefeller

Popcorn Shrimp

**Prawn Crackers** 

Salade Basque (Basque Salad with Tuna)

Salata Mishwiyya (Tunisian Grilled Pepper, Tomato & Tuna Salad)

Salmagundi (Pirate Grand Salad)

Selyodka Pod Shouboi (Russian Herring Salad)

Shenanchie's Clam Dip

Shenanchie's Sushi (Avocado & Shrimp)

Shrimp Puffs

Shrimp Salad

Shrimpy Devils (*deviled eggs with shrimp*)

Sledz w Smietanie (Polish Creamed Herring)

Steamed Mussels

Sushi Rice

Taramasalata (Greek Fish Roe Dip)

Tempura (Japanese Seafood & Vegetables)

Tomates Monegasque (Monegasque Tomatoes with Tuna)

Tuna Rice Cakes

Uncle Pat's Crab Cocktail

### **Entrees & Sides**

Almondine Sole

Apelsinfisk (Swedish Orange Fish)

Baked Mahi-Mahi

Bar a la Monegasque (Monegasque Sea Bass)

Catfish with Pine Nuts

Creamed Finnan Haddie (Scottish Haddock)

Crunchy Baked Fish

Deviled Ham & Tuna Sandwiches

Fish & Chips (England)

Fish Omelet Cakes (Jewish)

Fish Stick Casserole

Fried Perch

Grilled Swordfish

Guinness Cod Filets (Ireland)

Hake with Bayonne Ham (Basque)

Halibut with Pine Nut & Parmesan Crust

Haraimi (Libvan Lemon-Tomato Fish)

Hut bel Charmoula (Moroccan Fried Fish with Charmoula)

Hut Benoua (Moroccan Snapper with Almond Paste)

Kalluun Duban (Somali Spicy Baked Fish)

Kedgeree (English Fish, Eggs & Rice)

Labskaus (German Herring & Corned Beef with Egg)

Lemon-Pepper Halibut

Mackerel in Rhubarb Sauce (Ireland)

Monkfish in Orange Sauce

Ngob Pla (*Thai Perch with Curry Paste*)

Orange Roughy Broil

Pan Bagnats (Monegasque Sandwiches with Anchovies)

Psari Plaki (Cypriot Fish in Tomato Sauce)

Quenelles de Brochet (French Pike Quenelles)

Risos de Gallo (Spanish Fish Filets)

Riz des Iles (Comorian Island Rice)

Salmonetes Andaluza (Andalusian Red Mullet)

Salt Cod Al Pil-Pil (Basque Cod Casserole)

Samke Harra (*Lebanese Spicy Fish*)

Seattle Baked Halibut

Spicy Yellow Lake Perch Sandwich

Tacos de Pescado (Fish Tacos)

Trondro Voatabia (Malagasy Fish in Tomato Sauce)

Trout with Macadamia Nuts (Australia)

**Tuna Burgers** 

Tuna Cream (Australia)

Tuna Pie

Tuna Tetrazzini

White Nile Fish (Sudan)
Yankee Codfish in Gravy (Colonial American)

### **Shellfish Entrees & Sides**

Astakomacaronada (Greek Spaghetti with Lobster)

**Baked Sea Scallops** 

Baked Stuffed "Lobstah"

Broccoli & Scallop Stir Fry

Coco Crevettes (Malagasy Prawns in Coconut Sauce)

Coconut Shrimp

Coquille St. Jacques (Monegasque Seared Scallops)

Crab Imperial

Crab Ravioli in Tomato Broth

Crab-Stuffed Flounder

Dublin Lawyer (Irish Lobster)

Enchiladas de Cangrejo (Crab Enchiladas)

Garides me Feta (Greek Shrimp with Feta)

Garlic Shrimp

Grilled Lobster with Lime Butter (Australia)

Langouste a la Vanilla (Comorian Lobster in Vanilla Sauce)

Langoustines a la Provencale (Monegasque Langoustines with Salad)

**Lobster Mashed Potatoes** 

Lobster Newberg

Lobster Tails with Lemon Butter

Lobster Thermidor

Maine Lobster Roll

Olive Oil Shrimp with Lemon

Oyster Casserole

Pastai Cocos (Welsh Cockle Pie)

Sautéed Killary Prawns in Garlic-Basil Cream (Ireland)

Scallops & Vegetables

Scallops Bonne Femme (Creamy French Scallops)

Scampi Monte Carlo (Monaco)

Scrambled Eggs with Lobster

Sea Scallops

Seafood Gumbo

Shrimp Feast

Shrimp Sandwiches

Surf 'N Turf for Two

Vieras a la Gallega (Spanish Scallops in Mustard)

# Pasta, Soups & Stews

Angel Hair Pasta with Chicken & Shrimp Angel Hair Pasta with Scallops & Pine Nuts Artichoke & Mussel Bisque

Bapalo (Omani Fish Soup)

Bouillabaisse (French Fish Stew)

Cawl Bara Lawr (Welsh Laver Soup)

Cioppino (Italian Seafood Stew)

Clam Chowder with Toasted Oyster Crackers

Clam Hash

Creamy Scallop Soup

Fisk och Paprikasoppa (Swedish Fish & Bell Pepper Soup)

Frutti di Mare (Monegasque Seafood Linguine)

Lobster Bisque

Lobster Mac & Cheese

Manhattan Clam Chowder

Marake Kaloune (*Djiboutian Fish Stew*)

Marmitako (*Basque Tuna Stew*)

New England Clam Chowder (Colonial American)

**Oyster Stew** 

Paella (Spanish Stew with Clams, Mussels & Shrimp)

Shrimp & Scallop Fettuccine

Shrimp & Shells

Shrimp Linguine

Svenska Fisksoppa (Swedish Fish Soup)

Ukha (Russian Fish Soup)

Martha Washington's Crab Soup (Colonial American)

### Salmon

Blackened Salmon

Coulibiac (Russian Salmon Pie)

Eog Cothi Pob (Welsh Baked Salmon)

Gateau de Saumon (French Salmon Cakes)

Gravad Lax (Swedish Salmon & Dill)

Lohikeitto (*Nordic Creamy Salmon Soup*)

Lox & Avocado Bagel (*Iewish*)

Mandarin-Salmon Salad

Neptune's Breakfast (Egg Croissants with Salmon & Shrimp)

**Poached Salmon** 

Roasted Salmon (Ireland)

Salm nach Basler Art (Swiss Salmon Basel-Style)

Salmon a la Provencale (Monegasque Salmon with Almond & Basil)

Salmon & Shish Kabob

Salmon Burgers

Salmon Casserole (Jewish)

Salmon Cream Cheese Balls

Salmon Croquettes

Salmon Filets with Mustard Glaze

Salmon Loaf
Salmon Pancakes (Jewish)
Salmon Quiche
Salmon-Stuffed Potatoes
Smoked Salmon on Oatcakes
Scottish Oatcakes (for Smoked Salmon on Oatcakes)
Tweed Kettle (Scottish Salmon Hash)
Whisky Salmon (Scotland)

# **Condiments, Sauces & Seasonings**

Aioli (Monegasque Garlic Mayonnaise)
Aussie Barbecue Seasoning
Béchamel Sauce (for Nantua)

Brown Roux (for Seafood Gumbo)

Charmoula (Moroccan Seafood Marinade or Dipping Sauce)

Clam Juice Cocktail

Crème Fraîche (Soured Cream)

**Curry Paste** 

Herbs de Provence

Hollandaise Sauce

Hovmastarsas (Swedish Mustard Sauce)

Kamoon Hoot (Libyan Seafood Spice Blend)

Ketchup (homemade)

Lemon Butter

Lime Salsa (for Tacos de Pescado)

Nantua (Sauce for Quenelles de Brochet)

Old Bay Seasoning Mix

Paellero Blend Seasoning

Parsley Sauce (for Basque Hake with Bayonne Ham)

Seafood Cocktail Sauce

Seafood Herbs

Seafood Sauce (mayo-based)

**Seafood Seasoning** 

Shrimp Butter (for Nantua)

Spicy Mayonnaise

Tahini Paste (Sesame Seed Paste)

**Tartar Sauce** 

Tempura Batter

Terivaki Sauce

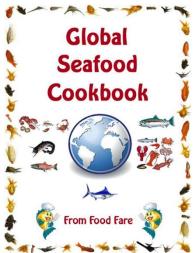
Wasabi Sauce

White Sauce

#### WHERE TO BUY

Food Fare's *Global Seafood Cookbook* features more than 200 seafood recipes (appetizers & salads, entrees, shellfish entrees, pasta, side dishes, soups & stews, salmon, condiments, sauces & seasonings). The book also contains information about seafood health benefits and nutrition facts, fish trivia and general how-to guides (de-bearding, de-boning & filleting, deveining, shucking, and cracking shells). Recipes in the *Global Seafood Cookbook* are also freely available on the Food Fare website.

The *Global Seafood Cookbook* is available in Kindle, Kobo and Nook editions.



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