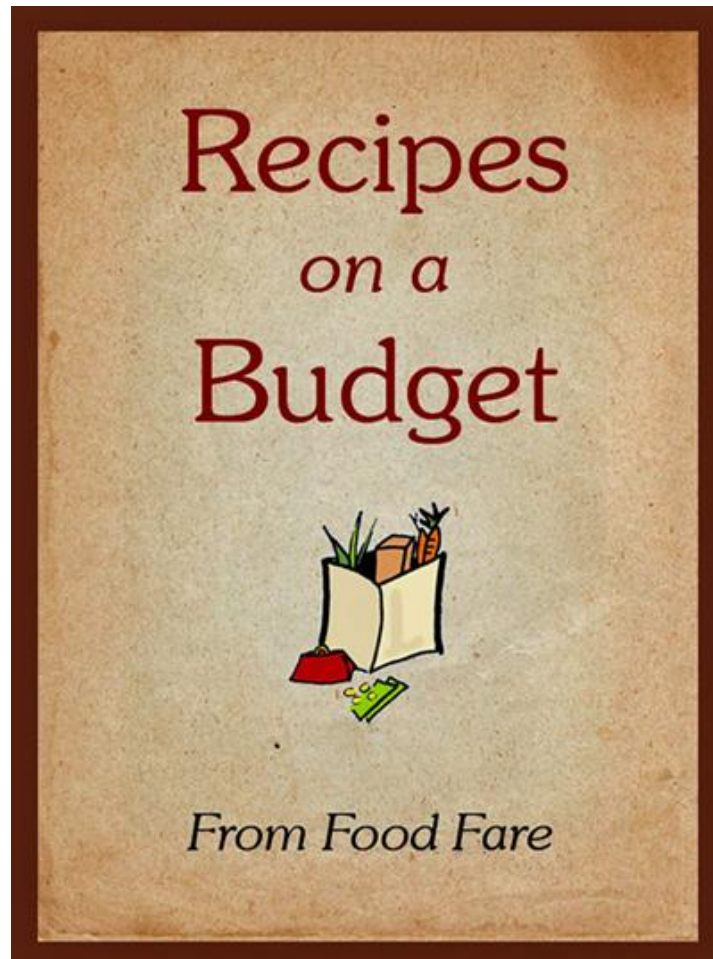


RECIPES-ON-A-BUDGET COOKBOOK INDEX



Please Note:

This free document contains only a listing of all dishes contained in the *Recipes-on-a-Budget Cookbook*.

COMPLETE RECIPE INDEX:

Angel Hair Chili
Asian Burgers
Asian Stuffed Peppers
Bacon & Bananas
Bacon & Cabbage
Bacon, Lettuce & Tomato Sandwich
Baked Bagel Snacks
Baked Macaroni & Cheese
Baked Parsnips
Baked Sausage with Creamed Corn
Baked Zucchini
Banana Bread
Bean Dip Supreme
Bear's Breakfast Cups
Beef Chuck Strip Steaks
Beef Stew Slow-Cooker
Beef Stroganoff
Biscuits & Gravy
Biskvit (*Russian Sponge Cake*)
Blueberry Muffins
Borsch (*Beet Soup*)
Broccoli & Mushroom Chowder
Broccoli Casserole
Brown Sugar Tea
Butternut-Squash Soup
Cabbage Rolls
Candy Cane Tea Cakes
Carrot-Potato Cake
Cauliflower Salad
Cheese Pennies
Cheesy Pretzels
Chex Party Mix
Chicken Enchiladas
Chicken Noodle Casserole
Chicken Salad Wrap
Chicken-Tater Bowls
Chocolate-Chip Mint Milkshake
Chocolate Custard Cups
Cod Casserole
Coleslaw
Corn Bread
Corn Chowder
Corn Sticks

Cottage Cheese Crinkles
Cream of Tomato Soup
Creamed Eggs with Ham
Creamy Chicken & Potatoes
Creamy Fruit Salad
Creamy Nut Cup
Creamy Pasta with Peas
Crunchy Baked Fish
Deviled Eggs
Easy Chicken Dinner
Egg Cake
Egg-in-the-Hole
Eggs & Peppers
Eggs Florentine
English Muffin Breakfast Pizza
Firehouse Chili
Fish Stick Casserole
Fluffy Omelet Pie
Fruit Slush
Garbanzo Dip
Garbanzo Salad with Creamy Dressing
Grape Float (*aka Purple Cow*)
Green Beans, Mushrooms & Onions
Ham & Sprout Toss
Homemade Potato Chips
Iced Tea
Irish Omelet
Italian Sausage Casserole
Italian Sausage Sandwiches
Italian Wedding Soup
Lemon Bars
Lemon Muffins
Lemonade
Lentil Burgers
Lentil Rice Pilaf
Lentil Soup with Bacon
Lime Cola
Lime-Cucumber Fresca
Lime-Light
Limeade
Little Dumpling Soup
Mashed Potatoes & Turnips
Meat Loaf Roll
Meatball Pot Pies
Meatball Stew
Mexi-Dabs

Mock Champagne
Monterey Chicken Burritos
Mushroom Chicken
Mushrooms & Cream
Noodle Pancakes
Noodles with Poppy Seeds
Oatmeal Cookies
Orange Beef & Peppers
Orange Pancakes
Orange Sweet Potatoes
Pan-Fried Spinach with Bacon
Pea & Garlic Soup
Peach Cobbler
Pear Coleslaw
Pepper & Egg Sandwiches
Pets de Soeurs (*Pastry Rolls*)
Pigs-in-a-Blanket
Pork & Zucchini Rotini
Pork Chop-Spaghetti Casserole
Pot Roast Stew
Potato Cakes
Potato Gravy Bowl
Potato Puffs
Potato Soup á la Shenanchie
Poultry Potpourri
Quick Chicken Stew
Quick Polenta
Quick Quiche
Quick Tomato Sauce
Rainbow Trail Mix
Red Beans & Rice
Red Hot Spicy Punch
Refried Beans
Ricotta Bake
Roy Rogers (*for kids*)
Salmon-Stuffed Potatoes
Sauerkraut-Hamburger Casserole
Sausage & Egg Puff
Sausage & Tomato Bow-Ties
Scalloped Corn
Seven-Up Cake
Shenanchie's Surprise
Shepherd's Pie
Shirley Temple (*for kids*)
Slush Punch
Smudge Muffins

Stir Fry Light
Stuffed Celery
Swiss Milano Cookies
Tender Herb Meatballs
Tortilla Chips
Tuna Burgers
Tuna Rice Cakes
Turkey & Stuffing Pie
Turkey Burgers
Turkey-Moo Lasagna
Turkey Pita Pockets
Wedding Punch
Welsh Pancakes
Welsh Oatcakes
Wheat Flapjacks
Yogurt Cake
Zucchini Casserole
Zucchini Soup

WHERE TO BUY

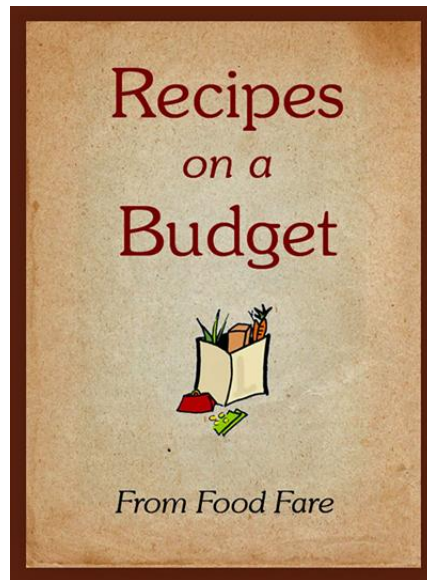
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