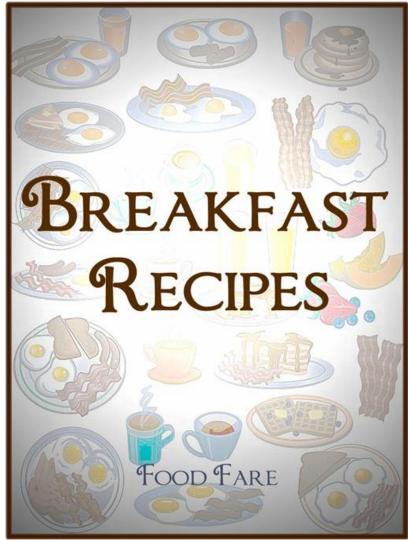
BREAKFAST COOKBOOK

RECIPE LIST ONLY



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Please Note:

This free document includes only a listing of all recipes contained in the Breakfast Cookbook.

COMPLETE RECIPE INDEX

Breads, Grains & Muffins

Bear's Breakfast Cups Birchermuesli (*Swiss Muesli*)

Breakfast Bread

Caws Pobi (Welsh Rarebit)

English Muffin Breakfast Pizza (*Diabetic*)

Fotzelschnitte (Swiss "French" Toast)

Frumente (Medieval cracked wheat)

Indian Meal Pudding

Jahlova Kase (Chadian millet porridge)

Kasha Grechnevaya (Russian Buckwheat Porridge)

La Bouillie (Chadian peanut butter porridge)

Morning Glory Muffins

Oatcakes (Scottish)

Pumpkin French Toast

Soda Bread (Ireland)

Vardagsvafflor (Swedish Waffles)

Egg Dishes

Balaleet (Kuwaiti Vermicelli Omelet)

Brewet Ayrenn (Medieval scrambled eggs)

Byde b'Banadoura (Lebanese eggs with tomatoes)

Creamed Eggs with Ham

Crempog Las (Welsh Omelet)

Denver Omelet

Egg-in-the-Hole

Eggs & Peppers

Eggs & Wild Onions (Cherokee)

Eggs Benedict

Eggs Florentine

Fish Omelet Cakes (*Jewish*)

Fluffy Omelet Pie

Fresh Herb Omelet

Friar's Omelet

Hazelnussomeletten (German Hazelnut Omelet)

Hollandaise Sauce (for Eggs Benedict)

Huevos Rancheros (Mexican Eggs in Sauce)

Huevos Rotos (Spanish Broken Eggs)

Irish Omelet

Martabak Mesir (*Egyptian feta cheese omelet*)

Mexican Scrambled Eggs

Mushroom Omelet

Oeufs en Cocotte (French Shirred Eggs)

Omuraisu (Japanese Rice Omelet) Pastrami & Eggs with Mushrooms (*Jewish*) Piperrada con Huevos (Basque Pepper Omelet) Pisto a la Bilbaína (Basque Bilbao Eggs) Scrambled Eggs (Basque) Scrambled Eggs with Lobster Tortilla de Patatas (Spanish Potato Omelet)

Fruit

Banana-Grape Salad Breakfast Fruit Salad **Broiled Grapefruit** Chardwardon (Medieval pears in red wine sauce) Chlada Fakya (Algerian fruit salad medley) Creamy Fruit Salad Maple Baked Apples Powder Fine (Medieval spice blend) Rique Manger (Medieval eggs & apples) Strawberry-Avocado Salad Yogurt-Apple Parfaits

Meals & Sides

Bacon & Eggs Casserole Baked Sausage with Cream Corn Bauernfruhstuck (German Farmer's Breakfast) **Biscuits & Gravy** Boxty (Irish Potato Griddle Cakes) Drisheen (Irish Black Pudding) Kedgeree (English Fish, Eggs & Rice) Neptune's Breakfast Pashtida (Jewish Spinach Quiche) Pea & Asparagus Flan Potatoes O'Brien Quick Quiche Sausage & Cheese Grits Casserole Sausage & Egg Puff (Scotland) Sausage-Biscuit Casserole Sfinz (*Libyan deep-fried breakfast pastry*) Shakshouka (Algerian bell peppers & eggs) **Ulster Fry**

Pancakes & Crepes

Acorn Griddle Cakes (Native American) Banana-Yogurt Pancakes (*Diabetic*) Bara Ceirch (Welsh Oatcakes)

Beghrir (Algerian honeycomb pancakes)

Bliny (Russian Pancakes)

Blueberry Pancakes

Cornmeal Pancakes

Crepes Suzette (Thin Pancakes)

Ffroes (Welsh Pancakes)

Flaskpannkaka (Swedish Oven Pancakes)

Iam Griddle Cakes

Kartoffelpuffer (German Potato Pancakes)

Kissar (Chadian sourdough crepes or pancakes)

Kissra (Sudanese thin pancakes)

Noodle Pancakes

Okonomi Yaki (Japanese Vegetable Pancakes)

Olive Oil Pancakes

Orange Pancakes

Pannkakor (Swedish Crepe Pancakes)

Pumpkin Pancakes

Salmon Pancakes (Jewish)

Scots Pancakes (*Dropped Scones*)

Sourdough Hotcakes

Syrniki (Russian Fried-Cheese Pancakes)

Vibibi (*Somali rice pancakes*)

Whole Wheat Pancakes

Zucchini, Carrot & Potato Pancakes (Vegetarian)

Sandwiches

Avocado-Bacon Sandwiches

Avocado-Egg Wrap

Bacon, Lettuce & Tomato Sandwich (BLT)

Breakfast Belt

Breakfast Burritos (Classic)

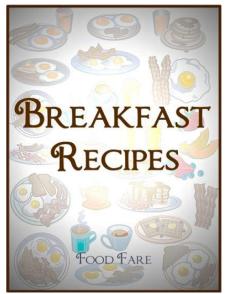
Breakfast Burritos (*Diabetic*)

English Muffin Grill

Sabich (*Israeli morning sandwich*)

WHERE TO BUY

The *Breakfast Cookbook* is available in Kindle, Kobo and Nook editions.



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